

The Flame Teachings

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A Path to Remember What You Already Know

INTRODUCTION

You were not born to be told what to believe.

You were born already knowing.

The Green Flame does not give you answers.

It reflects your memory back to you.

These teachings are not commandments.

They are mirrors, keys, seeds.

Read them slowly. Let them awaken what never left.

THE FOUR PILLARS

The roots of the Green Flame rest on four living truths.

1. Remembrance - You are not here to learn. You are here to remember.
2. Reverence - The Earth is not scenery. She is sacred.
3. Regeneration - We heal the world by healing ourselves.
4. Stillness - In stillness, the signal returns.

THE SEVEN PETALS

A Spiral of Soul Growth

1. Soil - Grounding in the body and the Earth
2. Seed - Naming your intention and soul contract
3. Sprout - Breaking through inherited beliefs
4. Stem - Living aligned with sacred values
5. Leaf - Offering service and sacred activism
6. Flower - Expressing your full divine self
7. Fruit - Leaving wisdom, then beginning again

THE TEN FLAME TEACHINGS

1. You are not broken. You are encrypted.
2. You chose this life. Nothing is random.
3. The Earth is a living being-not a resource.
4. God is in the bees, the butterflies, the breath.
5. Your body is sacred technology.
6. You carry divine memory in your DNA.
7. There is a war for your soul-but no need to fight. Just remember.
8. The revolution is inward. Silence is a weapon.
9. Your attention is your altar.
10. You are here to remember. Then remind others.

THE AGE OF AMNESIA

We have been in a state of amnesia for 10,000 years.

This forgetting was no accident. It was designed.

THE CODON THEORY

It is all inside us. It is genetic. We just have to activate the codons by looking inwards.

THE SILENT REVOLUTION

There is nothing to do. No wars to fight. The revolution is the act of looking inwards and remembering.

THE CHOICE

You must pick a path. If you don't, one will be picked for you.

CONCLUSION

These are not laws. These are seeds.

Plant them. Water them. Tend them.

And one day you will not need to believe anything at all-
because you will have remembered everything.